

The Good Morning Program

brought to you by:



**Littleton Police Department
2 Kittridge Lane, Littleton, NH
03561
603-444-7711 Ext. 304
www.littletonpd.org**

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What the Program Is

The Good Morning Program provides eligible Littleton residents with a short daily morning telephone call from a Littleton Police Department volunteer. The purpose of the call is to confirm that the recipient is in good health and has not suffered a sudden illness, fall or accident that requires help.

Who is Eligible

The Good Morning Program is available to Littleton residents who are either a senior citizen (age 60+) or an individual with a disability who lives alone with no one to look in on him/her on a daily basis and are at risk of sudden illness, falls or accidents.

This program can also be provided on a temporary basis, such as during a period of rehabilitation or when a caregiver is away.

Who Administers the Program

Members of the Littleton Volunteers in Police Service (VIPs) make the initial house calls as well as the daily calls.



How the Program Works

If you sign up for the program, a volunteer will call you every morning between 8 and 10 a.m. to check that all is well. If there is no answer, a second call will be made 10 to 15 minutes later.

If you don't answer the second call, a call will be made to your emergency contact.

If that person cannot be reached or cannot reach you, a call will be placed to the Littleton Police Department, and an Officer will be dispatched to your home to make sure all is well.

How to Sign Up

- ◆ call the Littleton Volunteers in Police Service at **603-444-7711 Ext. 304**.
- ◆ indicate that you are interested in the Good Morning Program
- ◆ leave your name and telephone number.

A VIPs member will return your call as soon as possible to schedule a meeting with you at your home.